

The Gifted Teenager's Survival Guide

Tips for the interaction with classmates,
teachers, parents and yourself

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Preface

Being a teen is not easy. Under the influence of hormones teenagers become more self-aware and start taking more interest in how other people view them. Classmates' opinions are especially important. The parent-child relationship changes. The teenager wants more independence, while the parents are not always convinced that their teen is ready for that. School starts at an unchristian hour, even though the teen tends to go to sleep late, and once at home there's homework to be done.

Gifted teenagers have an additional problem. Their classmates simply don't understand them sometimes, just like their teachers and parents. And often, they don't quite understand themselves. All this can lead to depression and bullying by classmates. This survival guide aims to help gifted teenagers out a little, by offering tips to deal with school, parents and themselves.